



St Patrick's College Sutherland

Pastoral Care Policy

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Staff responsible: Director of Pastoral Care

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Rationale

Wellbeing is central to the mission and philosophy of St Patrick's College. The College is committed to nurturing the spiritual, emotional, mental and physical wellbeing of students and staff. We are inspired by the charism of our founders, Nano Nagle and Edmund Rice, who modelled the values of justice, compassion and hope. We aim to live out our school motto "Seek Wisdom in Christ" in order to:

- deepen students' understanding of Jesus and His message
- encourage and challenge students in a caring and supportive environment that recognises their uniqueness and potential
- develop an open and inclusive College community that values and sustains relationships between its members and with the wider community.

The Wellbeing policy of students and staff fosters a climate where there is:

- faith and spiritual growth
- active and compassionate involvement in social justice diversity of opportunity for all students
- achievement of personal best
- development of social skills that enable students to participate positively in society
- development of personal resilience
- an appreciation of the dignity of the individual
- a caring and supporting College community which nurtures a sense of belonging
- effective communication between, and respect for, all members of the school and wider community
- an environment that is physically and aesthetically pleasing and sustainable.

Principles

At St Patrick's College Sutherland we believe the quality Pastoral Care should:

- be an expression of God's love for all people regardless of race, creed, colour or culture;
- be oriented towards enabling each person to live fully their dignity as sons and daughters of God;
- demonstrate a balance between the needs and rights of the individual and the needs and rights of the community;
- meet each student at his/her point of need and within the context of community;
- be expressed in quality personal relationships between all members of the College community;
- nurture an environment where each student's full educational, spiritual, physical and social potential might be realised;
- be supported by means of appropriate resources, personnel, structures and programmes;
- cultivate an environment which promotes a sense of communal direction and a sense of belonging;

- offer solidarity, compassion, encouragement and challenge;
- provide opportunities for personal growth, reconciliation and professional care;
- be supported by educative programmes that develop knowledge, skills and attitudes;
- be enhanced by means of a safe, aesthetically pleasing and welcoming environment (both physically and emotional).

This policy identifies and expresses a common vision about the Wellbeing of students. It seeks to:

- provide a framework within which the College community can maintain consistency of decisions and actions related to Pastoral Care
- enhance stability and continuity of Wellbeing initiatives
- provide a clear basis for the development and implementation of College policies
- reflect Diocesan requirements, including Child Protection, State and Commonwealth legislation.

Guidelines

The following principles guide and shape the policies and approaches to Wellbeing. The College will:

- ensure that wellbeing is integral to all teaching and learning
- foster the individuality and potential of all students
- maintain and review a dynamic program which addresses issues related to physical, mental, emotional and spiritual wellbeing
- ensure the confidentiality of student and family information
- facilitate the professional development of staff in the area of wellbeing.

Rights and Responsibilities

RIGHTS

- To be treated with fairness and understanding.
- To be treated with politeness and respect.
- To be accepted *as* a member of the College community.
- To be safe from harm at school.
- To have a quality education that will develop them as a person.
- To expect that their property will be safe.
- To have a clean and well-maintained College environment.

RESPONSIBILITIES

- To take the responsibility to accept others and treat them with fairness and understanding.
- To treat others with politeness and respect.
- To respect the authority of staff members and to follow their instructions;
- To cooperate with the community and to fulfil the expectations associated with behaviour, uniform requirements and commitment to study;
- To represent the College appropriately at all times, including:
 - when in transit to and from the College
 - participating in community events
- To care for the College environment and to assist in keeping it clean and well maintained;
- To respect the property of the College and others at all times. Students must not interfere with, damage, destroy or steal the property of other people;
- To never act in a way that may cause emotional or physical harm to another person; to inform a teacher of any potential threat or danger to the health and safety of others
- To:
 - Show commitment in all that they undertake

- Complete all required work
- Be punctual and regular in attendance
- Participate to the best of their ability at all times
- Each student in the school community has a responsibility to respect the rights of others.

Expectations of Students

The following sets out the expectations for students. These expectations and their consequences are based on:

fostering self-worth and self-discipline in a loving environment

- nurturing the development of right relationships through the provision of just structures and processes recognising the dignity of the individual
- practising reconciliation so that when we fail we have the confidence to move forward in growth.

1. Respecting learning

This involves students:

- assisting in the creation of a learning environment and respecting the role of the teacher
- coming prepared for class - Diary/Equipment/Workbook/Seated
- engaging in learning activities and listening attentively to teachers and other students
- respecting and encouraging others involvement in the classroom.

2. Treating others with care, courtesy and fairness

This involves students:

- behaving in a manner that respects the individuality of others
- using appropriate language.

3. Stewardship of school environment and property

This involves students:

- disposing of litter appropriately
- respecting the property of the school and of other students by not damaging it in any way
- maintaining care of personal property.

4. Accepting responsibility for attendance

This involves students:

- being in Pastoral Care Classes at 8.45am
- arriving to classes on time
- being prompt with providing absentee notes
- attending designated school-related activities
- ensuring the Diary is signed by the classroom Teacher when leaving the classroom.
- ensuring that their absence from class for any reason is recorded in Central Office.

5. Ensuring a safe environment

This involves students:

- using Medication responsibly
- abstaining from use, abuse or distribution of legal or illicit substances such as tobacco, alcohol or other drugs while at school or engaged in activities related to school and not being in the company of others engaged in these activities. Note: Activities related to school includes travel to and from school, camps and retreats.

6. Adhering to uniform expectations

This involves students:

- wearing the school uniform as outlined in the Uniform Policy (as in College Diary)
- providing notes if incorrect uniform is worn.

Wellbeing Program

Term	7	8	9	10	11	12
1	Goal setting					
	Transition Organisational skills Peer support	Self esteem Self image	Cyber safety Sexting	PERMA Character strength	Values Organisational skills	Transition Revisiting bullying Sleep
2	Positive relationships (bullying, cyber safety)	CONflict resolution (problem solving)	Drug and alcohol awareness	Risk taking responsibilities	Leadership skills	Mental health - stress and depression
3	Resilience (problem solving)	Mental health Anxiety seeking strategies	Self help Mental help strategies	Law and crime (safe partying)	Driver education	Trial HSC and HSC coping strategies
4	Community (impact upon, Christmas hampers etc)	Goal setting	Relationships Acceptance of others	Community Peer support training	Anxiety and mental health	HSC

Wellbeing Initiatives

Pastoral Care is a comprehensive concept that embraces the whole life of the College. In cooperation with students, parents, church and community groups, the College seeks to be a partner in nurturing the growth and realising the potential of each person.

<ul style="list-style-type: none"> • Year7 Camp • Year 8 Pastoral Care Day • Year 10 Snow Trip • Winter Concerts • St Patrick's Day • Year 10 Social • Year 12 Graduation Ball • St Patrick's Day • Carnevale Day • Counsellors • Special Ed / Learning Support • Founders Week • Year 9 Camp 	<ul style="list-style-type: none"> • Year 11/12 Trivia Night • Merit Awards • Silver /Gold Awards • Canteen Vouchers / Movie Vouchers • Perfect Attendance Award • College Assemblies • Year Group Assemblies • Year 7/11 Peer Support • Guest Speakers • Chess Club • Pastoral Care Presentations 	<ul style="list-style-type: none"> • Year 7 Orientation Day/ BBQ • Peer Support - Year 7 • Buddy System-Year 12 • Peer Tutoring - Year 7 and 10 /11 • Star Search • House Competitions - staff vs students • Lunchtime House Games • School Picnic • Sport Carnivals • Athletics / Swimming Carnivals • Duke of Edinburgh • Debating/ Public Speaking
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